

## Day of Recollection, April 28, 2018

Saturday, April 28<sup>th</sup> was our Day of Recollection for our Phoenix OCDS St. Joseph Community. 36 of our members were in attendance (a number of others were unable to attend but were with us in prayer and in spirit).

The event was held at the Mt. Claret Retreat Center on Camelback / 54<sup>th</sup> Street in Phoenix. Our chaplain for the day was Father Matt Lowry from the Holy Trinity Catholic Newman Center in Flagstaff, AZ.

The retreat was primarily a day of silence and solitude. However, Fr. Matt did give two extended talks dealing with the topic of prayer. He reminded us that it is always important to bring all our needs and cares to Jesus, even though God already knows what is in our hearts.

One example Father cited was from the life St. Therese.

When getting ready to make a formal entrance into her Community, Therese suddenly began to experience great doubts about her vocation. This seemed unusual because she had never experienced any doubt before. However, in a spirit of humility, she confided her sense of insecurity to her superiors. They then reassured her. Indeed, one even “laughed” at the prospect that she was not suited for the religious life, because it was so apparent that she was.

In the same way, the Lord wants us “not to hide”, but to bring all our concerns and cares to Him.



A picture of the grounds at Mt. Claret Retreat Center



Liturgy of the Hours in the Chapel with Our Community



Tabernacle and Prayer Area